# **Accountability Questions for Men in Ministry**

David Mays

Men in ministry are particular targets of the enemy. Men must draw upon the Lord and others to encourage spiritual development and guard against temptation. I strongly urge every Christian worker to enter into a solemn accountability relationship.

Accountability is dependent upon a willingness to meet frequently and be vulnerable with someone we trust. Some meet with one individual. Perhaps four people meeting together is better. Meet regularly if possible. Weekly may be best. Look one another directly in the eye, and ask and answer the hard questions. Listen for facts, emotions, and intentions. Dig deeper where appropriate.

Below are listed a number of accountability questions I have collected from various sources. Select questions that meet your needs. Add questions as appropriate. For accountability to be of value, you must include questions that address the particular attitudes and behaviors where you struggle. To be specific, questions may begin with the phrase, In the past week...? Or Since we last met...?

May God mold us into people who seek first the Kingdom of God and His righteousness (Mt. 6:33).

#### **Attitude**

Is there anyone to whom you have been disrespectful?

Have you had a critical, cynical, or judgmental attitude?

Have you made critical comments about someone or something?

How has your countenance been?

Have you spoken any harsh or sarcastically prideful words? (Phil. 4:5, Eph. 4:29)

Have you sought to decrease that Jesus may increase? (Jn. 3:30)

Have you tried to remain joyful and engaging with others?

Who have you judged this week?

Have you thought "more highly of yourself than you ought to think" or been "wise in your own estimation"? (Ro. 12:16)

#### Character/Obedience

Did your life reflect verbal integrity?

Have you been knowingly disobedient to the Lord in any way?

Have you been honest in all things?

Have any of your financial dealings lacked integrity?

Were you honorable in your financial dealings?

# **Spiritual Discipline & Growth**

Are you growing deeper in your spiritual walk?

Are you investing time alone with God?

Have you had a regular time of personal worship?

Have you had a regular intercession time?

Have you had a consistent time of Bible reading and prayer?

Have you been in the word every day?

Have you spent adequate time in prayer and Bible Study?

Do you have a need to confess any sin?

Did you journal?

Did you pray for your pre-Christian friends?

What have you done to reach out to the unsaved?

How are you responding to His prompting?

Have you hungered and thirsted for righteousness and made the sacrifices necessary to satisfy that spiritual hunger (prayer, worship etc.)? (Mat. 5:6)

Have you prayed for everyone whom you told you would? (Col. 3:9)

What has God been speaking into your life?

What is God teaching you?

Have you made any progress dealing with the strongholds in your life?

# **Mental Acuity**

How did you do with your reading this week?

What book are you reading?

Are you teaching or taking a course?

Are you leading a course or class?

Are you guarding your heart and mind in Christ Jesus?

## Physical Health and Life Balance

Are you maintaining your weight?

Did you work out regularly?

How is your diet?

Are you getting enough sleep?

Did you exercise?

What have you done this week to relax?

Are you maintaining a healthy, balanced schedule?

Have you taken two full evenings off work?

#### **Sexual Control**

Have you inappropriately touched a woman since we last met?

Have you viewed pornography in any form?

Has your thought life been pure?

Have you been with a woman in a way that might be seen as compromising?

Have you exposed yourself to any sexually explicit material?

Were you sexually pure?

This week, in accordance with Jesus' words in Matt. 5:27-28, have you committed adultery?

# Marriage, Family, and Relationships

Are you intentionally making time to connect with your spouse?

Did you have a date night with your spouse?

Have you taken a walk with your spouse?

What random act of love/kindness have you shown your wife this week?

Did you invest the proper quality/quantity of time in your most important relationships?

Have you been quick to forgive and committed to love in all your relationships?

Have you given priority time to your family?

Have you provoked any of your children to anger (or said anything deflating to them)? (Eph. 6:4)

What non-work related activities have you done this week with your children?

Have you been a good spiritual leader in your family?

#### General

How have you experienced God in your life this week?
Did you practice any undisciplined behavior?
Have you focused on the future and not dwelled on the past?
Are you giving more than you are receiving?
Are you using your "power' for the glory of God alone?
Are you fulfilling the mandates of your calling?
Are you growing in dependence upon God & security in Him

# **Final Question**

Have you lied to me?

